## Spotlight on bowel cancer

#### Bowel cancer is the **third most common** cancer



Every day, around 110 people are diagnosed with bowel cancer. It is particularly common among people aged 60 or over.

15% are 56% are aged **40 to 60 to 79** 1% are aged 20 to 39

27% are aged 80 or over

Less than 0.1% are aged 0 to 19

Data available at http://info.cancerresearchuk.org/cancerstats/types/bowel

#### The UK is a world leader in clinical trials

per cent

bowel cancer patients volunteered in research trials since 2001

bowel cancer patients volunteered in research trials in 2011 alone

of all bowel cancer patients volunteering to be in a research trial

#### "It's an incredible achievement and is unequalled in the world"

Professor Matt Seymour, Director, National Clinical Research Network Data from National Cancer Research Network

#### Continued research means death rates keep dropping

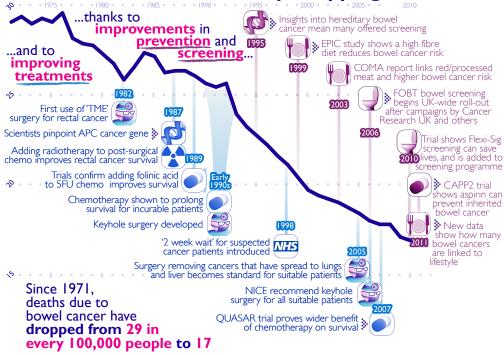


Chart and figures show annual age standardised mortality rates, http://info.cancerresearchuk.org/cancerstats/types/bowel/mortality

### Reducing bowel cancer risk

Bowel cancer can be linked to lifestyle. It's less common among people who:











Eat less red or processed meat

Keep a healthy body weight

Eat a high fibre diet Drink less alcohol

Don't smoke

For more on the causes of cancer you can control, see http://scien

#### You can **get** checked out

See your GP if you've had...

Blood in your stools

Looser or more frequent bowel motions

...over the last three weeks.

To learn more about bowel cancer, go to: http://cancerhelp.cancerresearchuk.org/type/bowel-cancer/

# You can **support**

We receive no government funding for our research, and rely entirely on our generous supporters.

There are lots of ways you can help save lives by supporting our research. To find out how, go to:

For full references and additional information, please visit http://scienceblog.cancerresearchuk.org

